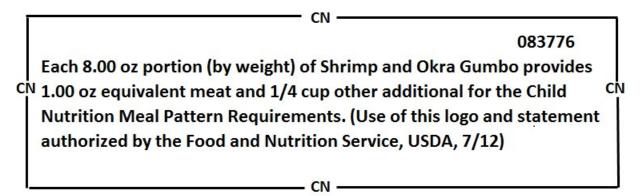


Brand:	King Creole / MMI School Nutrition	Item #:	KC 10234
Product:	Shrimp and Okra Gumbo	UPC #:	82485510234 0

Child Nutrition: CN083776

Child Nutrition (CN) Component: An 8.00 oz portion (by weight) of Shrimp and Okra Gumbo provides 1 oz equivalent meat and ¼ cup other vegetable for the Child Nutrition Meal Pattern Requirements. (Use of this log and statement authorized by the Food and Nutrition Service, USDA, 7/12)



Ingredient Declaration:

Water, Shrimp, Okra, Onions, Diced Tomatoes [Vine Ripened Fresh Tomatoes, Tomato Juice, Salt, Calcium Chloride and Naturally Derived Citric Acid], Gumbo Base [Shrimp Stock, Salt, Yeast Extract, Garlic and Onion Powder, Spices, Whole Wheat Flour, Potato Starch, Paprika and Oleoresin Paprika, Chili Pepper, Soybean Oil, Natural Flavor], Parsley, Soybean Oil, Clam Concentrate, Shrimp Concentrate, House Blend Spices [Salt, Garlic, Onion, Black Pepper, Thyme, Basil, Oregano, Paprika]. Contains Wheat, Soy, Shellfish (Shrimp, Clam), Gluten

Prep and Serving Instructions: Place bag in boiling water and simmer at low boil until internal temperature reaches 165 degrees. Remove bag. Shake vigorously and serve. Heating times and temperatures may vary.

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Brand:	King Creole / MMI School Nutrition	Item #:	KC 10234
Product:	Shrimp and Okra Gumbo	UPC #:	82485510234 0

Storage: Keep Frozen

Shelf Life: 12 months from MFG Date

Case Pack: 8 – 4LB Bags

Net Weight: 32 LBS (14.54 kg)

Gross Weight: 33.43 (15.2 kg)

Case Dimension: 11 1/2 x 9 x 10 7/8

Key Benefits:

- Consistent color, flavor, viscosity, texture in every pouch
- Scratch quality without time constraints or stability concerns
- Pouch packaging reduces waste and storage space
- Easy to thaw pouch

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Description of Food Ingredient	Present	Comment
ALLERGEN		
Milk or Milk Derived Products (Cow's Milk, Whey, Lactose with Protein, etc.		
Egg or Egg Products		
Soybeans or Soybean Products (TVP, Soy Flours, etc.)	Х	
Wheat or Wheat Products (Flour, Starches, etc.)	х	
Shellfish (Crustaceans, Mollusks)	х	Shrimp, Clam
Fish (Cod, Anchovy, etc.)		
Peanut or Peanut Products (Nuts, Flour, Protein, etc.)		
Tree Nuts (Almond, Beech Nut, Brazil Nut, Butternut, Cashew, Chestnut, Chinquapin, Coconut, Filbert/Hazelnut, Ginko Nut, Hickory Nut, Lichee Nut, Macadamia Nut/Bush Nut, Pecan, Pine Nuts (Pinyon, Pinon), Pili Nut, Pistachio, Sheanut, Walnut)		
Sulfites (>10ppm)		
Sesame Seed		
Other	Х	Gluten

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Manufactured by MMI Kenner, LA 70062 USA



Brand:	King Creole / MMI School Nutrition	Item #:	KC 10234
Product:	Shrimp and Okra Gumbo	UPC #:	82485510234 0

-1

Nutrition Facts	
per 8oz serving	
makes 64 servings per	case
Amount per serving	
Calories	86
Calories from fat	22
% Dai	ly Value *
Total Fat 2.4	4%
Saturated Fat 0.4g	2%
Cholesterol 71mg	24%
Sodium 412mg	17%
Total	
Carbohydrate 5.1	2%
Dietary Fiber 1.2 g	5%
Protein 10.8g	
Percent values are base	ed on a
2,000 calorie per day di	et. Your
daily values may differ.	
Additional Information	-
25.7% of calories from Fat	
23.8% from Carbohydrates	
50.5% from Protein	

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